BEFORE THE STORM

Hurricane season typically lasts from June 1st to November 30th.

American University of Antigua (AUA) College of Medicine and American International College of Arts and Sciences–Antigua (AICASA) will give advance notice of all approaching storms and provide updates as often as possible. As a precaution, you should be prepared for the possibility.

HOW TO PREPARE:

- Get hurricane updates from local radio or television stations. Be sure to check the AUA/AICASA website and Information Hotline for progress reports and official instructions.

- In advance of the storm, stock up on all items listed in the emergency checklist.

- Bring all outdoor objects inside and anchor those that cannot be brought indoors. This must be done in advance. Do not, under any circumstances, go outside during the storm.

- Adjust your refrigerator and freezer to the coldest setting. Freeze small containers of water ahead of time, which will continue to keep your items cold if the power goes out. If you open the door only as needed, refrigerated perishables can last for about 4 hours, while those in the freezer are safe for up to 24 hours.

- Protect your important documents, passport, pictures, etc. by keeping them sealed in watertight containers.

- Your most important task is to remain indoors and stay alert. Take these simple steps to prepare yourself:
  - Close all interior doors, curtains, and blinds, and stay away from windows.
  - Keep a blanket, flashlight, and drinking water on hand. Your remaining supplies should also be easily accessible.
  - Continue listening to a battery-operated radio for weather updates.
  - Keep your electronics off and unplugged unless otherwise instructed.

DURING THE STORM

If you have power, check your AUA/AICASA email for campus reopening and class scheduling updates. If not, listen to the following Antigua-based FM radio stations for local updates.

- 90.5 ABS Radio
- 91.1 Observer Radio
- 92.3 Caribbean Radio Lighthouse
- 97.1 RadioZDK
- 107.5 Crusader Radio

AFTER THE STORM

Get hurricane updates from local radio or television stations. Be sure to check the AUA/AICASA website and Information Hotline for progress reports and official instructions.

In advance of the storm, stock up on all items listed in the emergency checklist.

Adjust your refrigerator and freezer to the coldest setting. Freeze small containers of water ahead of time, which will continue to keep your items cold if the power goes out. If you open the door only as needed, refrigerated perishables can last for about 4 hours, while those in the freezer are safe for up to 24 hours.

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- Keep your electronics off and unplugged unless otherwise instructed.

CONTACT PROCEDURE:

Each housing area will have a designated student and faculty representative. After the storm, students must immediately contact their student representative. More information about these representatives will be provided during orientation.

RETURNING HOME:

If evacuated, you may return to a damaged or flooded home. For insurance purposes, take photos of all serious damage before cleaning up. If there is debris that can’t safely be removed, contact your faculty representative for further instruction.

Check for and remove spoiled items from your refrigerator immediately. For the next few weeks, boil tap water before consuming to be safe.

When outside, look out for scattered nails and live wires. Wear thick-soled shoes.
STORM’S A-BREWIN’

1.888.282.8633  |  auamed.org  |  aicasa.org

HURRICANE
PREPAREDNESS
YOUR GUIDE TO
ANTIGUA & BARBUDA

SEVERE WIND &
THUNDERSTORM
85°F

100% PRECIPITATION
74-155+ MPH WINDS

STORM’S A-BREWIN’

Batteries
Flashlights
Boiled water – one gallon of water
per person per day
Cash (credit card readers and ATMs
may be down after the storm)

EMERGENCY CHECKLIST

Clothes for up to 3 days
Fully charged portable electronics:
laptop, phone, etc.
Important documents and money
stored in a watertight container
Non-perishable food for up to 3 days
Non-perishable food: canned food,
cereal, etc.
Prescribed and over-the-counter
medication
Towels
Water for up to 3 days

Depending on your accommodation,
you may be moved to an AU/AICASA-
designated shelter. Transportation will be
arranged. If evacuated, you are allowed to
take one bag only. Remember to pack:

Trash bags

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HURRICANE
PREPAREDNESS